

The Duke of Edinburgh Award Expedition Kit List



Dear Parents of Participants,

The below represents a suggestion of equipment that your son/daughter might need for the expeditions, this will help you to help them when packing for expedition. They might already have much of this however if you are considering buying any equipment for them it is worth buying items that could be suitable for the duration of their Bronze / Silver / Gold expeditions.

For further advice and information on clothing and equipment see the DofE 'Expedition Kit Guide'

Clothing	Personal Kit	Group Kit
1 pair of walking boots (broken in) 2 pairs of walking socks 2 t-shirts Thermal t-shirt (optional) 2 fleece tops or similar 2 walking trousers Underwear Nightwear Flipflops/trainers/sandals etc (optional for campsite use) Warm hat &/or sunhat (as appropriate) 1 pair gloves (if appropriate) 1 pair shorts (if appropriate) Sunblock (if appropriate) Waterproof over-trousers Jacket/coat (waterproof & windproof) 1 pair gaiters (optional)	Rucksack + Liner Sleeping bag Survival bag Whistle Torch (spare batteries) Personal first aid kit Water bottle (1-2 litres) Knife, fork, spoon Small pocket knife/pocket tool Plate/bowl /Mug Wash kit/personal hygiene items (some items could be shared as a group) Towel Notebook and pen/pencil Watch Spare Laces	Scourers Tea towels Plastic bags (for rubbish etc.) Toilet paper Camera (optional) Tin Opener (if needed) Repair Kit Box of matches

Tents / Stoves / Fuel / Pots / Pans / Maps / Compass / Group First Aid Kit / Emergency Phones are all provided - you don't need to buy them but your son or daughter will need to have space to pack their share of these items in their rucksack.

